

# NITROX ROXs

The PADI Enriched Air Diver course is PADI's most popular specialty scuba diving course, and it's easy to see why. Scuba diving with enriched air nitrox gives you more no decompression dive time. This means more time underwater, especially on repetitive scuba dives.

## What You Learn

- Techniques for getting more dive time by using enriched air nitrox
- Enriched air scuba diving equipment considerations
- Enriched air considerations, including managing oxygen exposure, how to tell what's in your [scuba tank](#) and how to set your [dive computer](#)



To enroll in the PADI Enriched Air Diver course, you must

- Be 15 years or older
- Have a PADI [Open Water Diver](#) certification (or have a qualifying certification from another organization)

Diving with enriched air nitrox benefits all types of diving, but it goes especially well with these specialties:

- PADI [Wreck Diver](#) course – Popular wrecks tend to be deeper, so enriched air nitrox maximizes your exploration time.
- PADI [Deep Diver](#) course – The deeper you dive, the shorter your no stop time – but enriched air nitrox increases it, giving you more time at depth
- PADI [Digital Underwater Photographer](#) – Photographers usually like to make several dives so they can get lots of pictures. Enriched air nitrox reduces the amount of residual nitrogen you accumulate, allowing repetitive dives to be longer.
- PADI [Master Scuba Diver](#) The PADI Enriched Air Diver course counts toward your Master Scuba Diver rating -- the highest non professional rating in recreational diving

Nitrox is only a 4 hour program and is all class time. There is a little homework to do before class and then you will be ready for your first Nitrox Dive!

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